WASHINGTON (May 27) – Congressman Spencer Bachus (AL-6) said Memorial Day is a time for Americans to pause and reflect on the honor and sacrifice shown by our men and women in military uniform.

"Memorial Day reminds us that there is a cost to keeping America free. But that is a price that our troops have always been willing to pay, including our brave men and women now serving in Iraq," Congressman Bachus said in a video tribute to our nation's fallen heroes.

To view the Memorial Day tribute by Congressman Bachus and his colleagues on the House Financial Services Committee, see the Committee's YouTube page here.

Congressman Bachus will be the guest speaker at a Memorial Day ceremony at the Alabama National Cemetery in Montevallo on Monday (May 30) at 9 a.m. (CT).